

保健知識小冊子
LIST OF HEALTH INFORMATION LEAFLETS

Last update: 12/07/2013

Item	No	Title	題目	Year Published	Published by	Double Sided	Single Sided
010	00	HEALTHY LIVING	健康生活				
010	01	Chinese National Healthy Living Centre	全國華人保健中心	2003	CNHLC	F	
011	01	Cholesterol	膽固醇	2005	DOH(HK)	2	
011	02	Are you Obese?	你是否過胖 ?	~	DOH(HK)		
011	03	Facts About Calorie and Energy	熱量知多少	2008	DOH(HK)	2	
011	04	Chinese diet regimen - grains and fruits and vegetables	中醫飲食養生-五穀與蔬果	2008	DOH(HK)		
011	05	Healthy Eating	健康飲食	1994	Camden & Islington Health Promotion Service	1	
011	06	Healthy Eating Instruction	健康飲食金字塔, 均衡營養好體魄	~	HKCHEU		1
011	07	Healthy Eating	適飲適食	1985	Tower Hamlets Health Promotion Service	1	
011	08	Enjoy Fruits and Vegetables Every Day Two plus Three is the Way	水果蔬菜不可少 日日記得二加三	~	DOH(HK)	2	
011	09	Balanced diet for school children	學童均衡飲食	2007	DOH(HK)	2	
011	10	Points on Dieting	減肥要點	~	CHIC	1	
011	11	Healthy Snack	健康小食	~	HKCHEU	1	
011	12	Healthy Lunch 321	健康午膳	2006	DOH(HK)	1	
011	13	Food Hygiene	食物衛生條例 1970	[1999]	Health & Safety Ed.Literature	1	
011	14	What ALL Food Handlers Need to Know ...	所有處理食物人員應知道的事	~	Health & Safety Ed.Literature	1	
011	15	Smart Lunch 321	至醒午餐	2006	DOH(HK)	1	
011	16	Healthy Lunch Box	有營有款健康午膳餐盒	[2002]	HKCHEU	1	
011	17	Guide to Food Labelling*#		2002	British heart Foundation		
011	18	Enjoy Healthy Eating*		1995	HEA		
011	19	So you want to lose weight for good*#		2000	British heart Foundation		
011	20	Cut the Saturated Fat from Your Diet*#		2000	British heart Foundation		
011	21	Healthy Eating for Busy People	都市人飲食手記	[2003]	HKCHEU	2	
011	22	Eat Smart! Follow the Food Pyramid!	識飲識食識選擇 -- 健康飲食金字塔	2003	DOH(HK)	2	
011	23	Healthy High Fibre Diet	健康飲食高纖維	2008	HKDOH	1	
011	24	Healthy Vegetable Recipes	健康蔬菜食譜	~	DOH(HK)		
011	25	Healthy Fruit Recipes	健康水果食譜	~	DOH(HK)		
012	01	Exercise and Fitness	運動與健康	[1997+]	HKCHEU	1	
012	02	Active stretching exercises at the workplace	工作間活絡伸展操	2008	HKCHEU	3	
012	03	Daily Exercise for All - Children	日日運動身體好, 男女老幼做得到 -- 兒童	[2002]	HKCHEU	1	
012	04	Daily Exercise for All- Working People	日日運動身體好, 男女老幼做得到 -- 上班族	[2002]	HKCHEU	1	
012	05	Daily Exercise - Adult	日日運動身體好, 男女老幼做得到 -- 成人	[2002]	HKCHEU	1	
012	06	Active for Life	保持身體活動	~	HEA	1	
012	07	To carry out a sporting trip	開展運動之旅	2012	DOH(HK)		
012	08	Building healthy muscles	鍛鍊肌肉保健康	2012	DOH(HK)		

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012	09	Taoist Tai Chi for Health and Relaxation	道家太極拳社	~	Taoist Tai Chi Society	1	
012	10	Exercise for Life*#		~	British heart Foundation		
012	11	Lift? Who Cares?Take the Stairs	日日出街搭電梯 今日不如行樓梯	2003	DOH(HK)	2	
012	12	Get off Your Seat and onto Your Feet	日日都係坐係度 今日不如行快步	2003	DOH(HK)	2	
012	13	Be wise with Health Products, Health Food	精明眼看健康產品、食品	2009	DOH(HK)	1	
012	14	Fitness and Slimming: Check it Out!	健美修身併一併	2009	DOH(HK)	1	
012	15	Slimming? Give Me the Quick Fix! Regular Exercise? Leave Me Alone!	纖體瘦身話咁易 恆常運動咪預我	2009	DOH(HK)	1	
012	16	Healthy Exercise for All Campaign	普及健體運動	~	HKCHEU	3	
012	17	Skipping	跳繩樂	2010	DOH(HK)	3	
013	01	Scabies	疥瘡	~	CHIC	1	
013	02	Scabies	疥瘡	2007	CHP, HKDOH	1	
013	03	Using Head-Lice Wash	頭虱藥水使用方法	~	HKCHEU	1	
013	04	Head Lice	頭蝨	2007	HKCHEU	1	
013	05	Hand Hygiene	潔手	2009	DOH(HK)	3	
013	06	Guidelines for Good Handwashing	正確洗手方法指引	[2003]	HKCHEU	2	
013	07	Cholera	預防霍亂注意衛生	[1997+]	DOH(HK)	1	
013	08	Use mask properly	正確使用口罩	2010	DOH(HK)	2	
014	01	A Wise Choice- Give up Smoking	明智的抉擇	[1997+]	HKCHEU	1	
014	02	Smoking seriously damages your Health	吸煙會嚴重危害健康	[1997+]	HKCHEU	1	
014	03	The Best Health Advice from your Doctor	為你健康著想，請接受醫生的忠告	~	HKCHEU	2	
014	04	The Hazards of Passive Smoking	二手煙 -- 禍害知多少	[1997+]	HKCHEU	1	
014	05	Plan for Giving up Smoking	戒煙計劃	[1997+]	HKCHEU	1	
014	06	Guide for Doctors to help Patients giving up Smoking #	醫生幫助戒煙指南	~		1	
014	07	Why not stop Smoking?	為何不戒煙?	[2000]	S.Birmingham Community Health Trust	1	
014	08	Never Give Up - Why not stop Smoking?	永不放棄	2002	CNHLC	F	
014	09	Wise Choice – A Guide for giving up Smoking	明智之舉 -- 戒煙指南	~	HKCHEU	5	
014	10	A Guide for Teenagers to give up Smoking	健康時尚青少年，拒絕吸煙最聰明	~	HKCHEU	1	
014	11	Smoking: Giving up for Life#	吸煙-- 戒煙惜命	~	NHS	F	
014	12	Cigarette can take your Life	香煙是地獄的勾魂者	~	No Smoking Day	1	
014	13	A Guide for giving up Smoking	如何戒煙	~	HKCHEU	4	
014	14	Give up Smoking	戒煙	~	E.London & City Health Promotion	2	
014	15	Smoking Kills#	吸煙致命	1999	DOH		
014	16	Smoking and Women	吸煙與女士	[2002]	DOH(HK)	1	
014	17	Smoking and Men	吸煙與男士	[2002]	DOH(HK)	1	
014	18	Smoking and Youth	吸煙與青少年	[2002]	DOH(HK)	1	
014	19	Life Becomes Happier & Healthier without Secondhand Smoke!	唔要二手煙，人都健康的!	[2003]	HKCHEU	1	
014	20	Smoking and Your Heart*#		2001	British heart Foundation		
015	01	Alcohol and You – Is it worth Risking your Life for Alcohol?	酒與你 -- 你值得為酒而犧牲嗎？	~	Central Manchester Health Promotion Unit	2	
015	02	Sensible Drinking	精明眼看杯中物	2002	DOH(HK)		
015	03	Alcoholism	酗酒	2003	DOH(HK)		
015	04	The Effects of Alcohol	酒精對你的影響	~	DOH(HK)		
019	01	24-Hour Health Education Hotline	衛生署二十四小時健康教育熱線	[2003]	HKCHEU	1	

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019	02	How Many Harmful Heavy Metals have you Absorbed from the Environment and your food	你從四週的環境和食物中，吸入多少有害的重金屬？	~	HKMINERALYSIS	1	
020	00	FAMILY HEALTH	家庭健康				
021	02	A Guide to Family Planning	家庭計劃指導手冊	1988	HA(Bloomsbury)	1	
021	03	Contraception	節育法 -- 性交後的緊急避孕法	~	Department of Health & Social Security	2	
022	01	A Guide to Home Safety for Babies and Children	家居安全守則	~	CHIC	1	
022	02	Prevention of Family Accident	愛護幼童，慎防意外	~	HKCHEU	1	
022	03	Protect your Home from Fire	家居防火安全	~	HKCHEU	2	
022	04	Prepare well for a home sweet home	準備做到足 家居保幸福	2006	DOH(HK)	1	
022	06	Falls	跌倒	~	HA (London & Hackney)	1	
022	07	Love Your Child, Prevent Injuries 0-1 Year Old	愛護兒童慎防意外 -- 初生至一歲	~	DOH(HK)	1	
022	08	Love Your Child, Prevent Injuries 1-3 Years Old	愛護兒童慎防意外 -- 一歲至三歲	~	DOH(HK)	1	
022	09	Home Safety	家居安全	[2003]	DOH	1	
022	10	Love Your Child, Prevent Injuries 3-5 Years	愛護兒童慎防意外 -- 三歲至五歲	[2004]	DOH(HK)	2	
023	01	Wound Management	傷口的護理	~	HKCHEU	1	
023	02	Burn and Scalding	燒傷及燙傷	~	HKCHEU	1	
023	03	First Aid	急救手冊	2005	DOH(HK)	4	
023	04	First Aid Made Easy	急救常識	2012	DOH(HK)		
024	01	Fever	發燒的問題	~	HKCHEU	1	
024	02	Headache	頭痛	[1997+]	HKCHEU	1	
025	01	Medicines at Home	家居常用藥物	~	HKCHEU	1	
025	02	Beware of Antibiotic Resistance Use Antibiotics Properly	慎防細菌抗藥性，正確使用抗生素	2011	DOH(HK)	1	
025	03	Handling Medicine Safely	安全使用藥物	2006	DOH(HK)	2	
025	04	Over Dosage - Antibiotics	抗菌素 -- 不要過量用我！	1999	NHS	1	
025	05	Antibiotics	抗生素	[2003]	HKCHEU	2	
025	06	Antibiotics	抗生素	~	DOH(HK)	2	
025	07	Ask the right questions, Use antibiotics smartly	睇醫生問清楚 抗生素咪食錯	2011	DOH(HK)	1	
026	01	Better Care, Higher Standard	長期照料憲章	2000	DOH	F	
026	02	Tell Your Doctor Your Illness#	向你的醫生訴說病況	~	~		
026	03	Moving Home...Moving Doctor	搬了家 ... 會有換醫生的必要	~	HEA	F	
026	04	To Make a Suggestion or Complaint about Health Care	對甘頓和伊斯靈頓的國民保健服務提出意見和作出投訴須知	1999	Camden Council	F	
026	05	The NHS Reforms and You*		1990	NHS	F	
026	06	The Patient's Charter	病人憲章與你	1996	NHS	F	
026	07	Your Relation with Doctor	你與醫生的關係	~	HA (Kensington & Chelsea, Westminster)	F	
026	08	How to Register with a Doctor ?	怎樣向醫生登記 ?	1998	HA(East London)	F	
026	09	How to use GP Services in Camden and Islington?	如何在甘頓和依士靈頓區使用家庭醫生服務 ?	1998	HA(Camden & Islington)	F	
026	10	Instruction of collecting Phlegm Samples	收集痰液樣本指引	~	HKCHEU	1	
026	11	Instruction of collecting Feces Samples	收集糞便樣本指引	~	HKCHEU	1	
026	12	Instruction of collecting Urine Samples	收集尿液樣本指引	~	HKCHEU	1	
026	13	Physiotherapy	物理治療	~	CHIC	1	
026	14	A Guide before Operation	手術前指導	~	CHIC	1	
026	15	Care of the Dying (Palliative Care)	國民醫療服務 -- 對臨終人士提供的護理	~	NHS (Kensington & Chelsea, Westminster)	F	

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026	16	Signposts – National Information	打一個電話，就可得到社區的支持服務	~	National Information Forum	F	
026	17	Ealing Patients Right	伊靈區病人權利憲章	~	Ealing Health Council	F	
026	18	Primary Care Group	初級保健小組	~	NHS	F	
026	19	Complaints - Listening...Acting...Improving	投訴 -- 聆聽...行動...改善	1996	NHS	F	
026	20	Your Guide to Local Health Services*		2002	Westminster Primary Care Trust	F	
026	21	NHS and You	國民保健服務指引	2001	NHS	F	
026	22	How to Get the Best from Your Doctor?#	如何從你的醫生得到最好的服務	2003	British Liver Trust		
026	23	Westminster Rehabilitation Service*		2004	Westminster Primary Care Trust	F	
026	24	Patient Advice and Liaison Service PALS*#	病人諮詢與聯絡服務部 (PALS)	2004	Camden Primary Care Trust		
027	01	Victim Support Scheme	家庭暴力援助指引與資料	1995	Camden Council	4	
027	02	Victim Support Scheme	家庭暴力，不要默默忍受	~	N. Westminster Victim Support	F	
027	03	Are you experiencing physical or emotional violence from a man you know?	你是否正遭受著一個你所認識的人所帶來的精神或肉體上的折磨?	~	Westminster Domestic Violence Forum	10	
027	04	Domestic Violence Outreach	家庭暴力的外出及援助服務	2003	CIAC	1	
030	00	WOMEN'S AND MEN'S HEALTH	婦女和男士健康				
030	01	Cancer Control for Women	國立婦女癌症控制運動	~	WNCCC	2	
030	02	Women Nationwide Cancer Control Campaign	為所有的女性 -- 健康檢查可以挽救你的生命	1996	WNCCC		4
030	04	Sexual Health for Women*		1999	HEA		
030	05	Sexual Health Booklet for Chinese Women	女士性健康手冊	~	LCHRC	For Sale	
030	06	Fitness Exercise for Women	婦女健體指南	2012	DOH(HK)	3	
031	02	Breast	國民保健服務乳部檢查的事實	1996	NHS	F	
031	03	What is Breast Screening?	甚麼是乳房檢查	1991	NHS	F	
031	04	Information about Examination of Breasts	乳部檢查資料	~	Elizabeth Garrett Anderson Screening Service	1	
031	05	Be Breast Aware	留意你的乳房	1998	NHS	F	
031	06	Understanding of Breast	乳你認識	2001	HKCHEU	4	
031	07	NHS Breast Screening	國民保健服務 -- 乳部檢驗	1991	HEA	F	
031	09	Breast Screening#	乳部檢查	1996	N.Thames Breast Prog.Q.A.Reference Centre		
031	10	Breast Awareness	乳房的認識	1997	NHS	F	
031	11	Reducing your Risk of Breast Cancer	預防乳癌	2003	DOH(HK)	1	
031	12	Breast Cancer	乳癌	2003	HK Anti-Cancer Society		5
031	13	Breast Screening - The Facts	胸部透視資料	2001	NHS	F	
031	14	Understanding: Breast Cancer	乳癌	2005	HKCancerFund		
032	01	The Smear Test	子宮頸塗片檢查	2000	NHS	F	
032	03	What is a Cervical Smear Test?	甚麼是子宮頸液鏡片檢驗?	~	Parkside Health Authority	2	
032	04	NHS Cervical Screening	子宮頸細胞塗片檢查	~	HEA	F	
032	05	NHS Cervical Screening	子宮頸篩檢 陰道鏡檢查	~	HEA	F	
032	06	Cervical Screening	認識子宮頸細胞檢驗	~	HKUHS	1	
032	07	Cervical Screening -The Facts	子宮頸檢查資料	2001	NHS	F	
032	08	Cervical Cancer	子宮頸癌	2004	HK Anti-Cancer Society		
032	09	Ovarian Cancer	卵巢癌	2003	HK Anti-Cancer Society		
032	10	Awareness of cervical cancer	認識子宮頸癌	2008	HK Anti-Cancer Society		
032	11	Cervical Cancer	宮頸癌	2007	CancerFund		
032	12	Uterus Cancer	子宮癌	2008	CancerFund		

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032	13	Hysterectomy	子宮切除術	2009	CancerFund		
033	01	Period Pain	經痛	~	CHIC	1	
034	01	What is Menopause?*		1990	HKUHS		
034	03	Dealing with Menopause	女性更年期	2003	DOH(HK)	1	
034	04	Male Menopause	男性更年期	~	DOH(HK)	2	
034	05	Erectile Dysfunction	陽痿(勃起功能障礙)	~	DOH(HK)	2	
034	06	Get out of unemployment, the future is bright!	解開壓力束縛, 祝君工作快樂! 走出失業困境, 前途仍是光明!	~	DOH(HK)		
034	07	Happy Marriage	解開壓力束縛, 祝君婚姻快樂!	~	DOH(HK)		
034	08	Prostate Cancer	前列腺癌	~	DOH(HK)	2	
034	09	Osteoporosis cancer	骨質疏鬆症	~	DOH(HK)	2	
034	10	Hair loss and baldness	脫髮與雄性禿頭	~	DOH(HK)	2	
034	11	Benign prostatic hyperplasia	良性前列腺肥大症	~	DOH(HK)	2	
034	12	Suicidal tendencies	自殺傾向	~	DOH(HK)	2	
034	13	Pathological Gambling	病態賭博	~	DOH(HK)	2	
034	14	Are you healthy, men?	男士, 你健康嗎?	~	DOH(HK)	2	
034	15	Men's Physical Examination	男士身體檢查	~	DOH(HK)	2	
034	16	Are the men around you healthy?	你身邊的男士健康嗎?	~	DOH(HK)	2	
034	17	Basic facts and figures of the Men's Health	香港男士健康的基本事實與數字	~	DOH(HK)	2	
035	01	Women Emotional Health	婦女心理健康之不一樣的心情	2002	HKCHEU	2	
036	01	Who can I turn to for Pregnancy Advice?	我可向誰求助? 英國懷孕指導服務	~	BPAS	1	
036	02	Getting Fit for Pregnancy#	為懷孕準備良好的健康狀態	1989	Maternity Alliance		
036	04	Nutrition Guide during Pregnancy and Breast Feeding	懷孕期與哺乳期的營養常識	1995	HKCHEU	2	
036	05	Antenatal Exercise	產前運動	2003	HKCHEU	2	
036	06	Postnatal Exercise	產後運動	~	HKCHEU	1	
036	08	Understanding Postnatal Depression #	了解產後抑鬱症	2003	Chinese Mental Health Association		
036	10	Rubella and German Measles	德國麻疹 - 懷孕前必讀手冊	~	HEA	1	
036	12	While You are Pregnant	當你懷孕時	1997	DOH	F	
036	13	Antenatal Care for Your and Your Baby	為你和你的胎兒做產前護理	~	HA (South Birmingham)	2	
036	14	Blood Tests during Pregnancy	在懷孕期接受的血液檢驗	1999	HA (East London &The City)	F	
036	15	How to Get the Best from Maternity Service	如何取得最好的產科服務	1997	HA	F	
036	16	Caring for your Teeth & Gums during Pregnancy	懷孕期間護齒常識	~	Oral Health & Ethnicity Unit, University of Leeds	1	
039	01	Prevention of Anaemia, Prevention of Osteoporosis	妳懂得預防嗎? 缺鐵性貧血/骨質疏鬆症	~	HKUHS	1	
040	00	CHILD CARE	兒童護理				
040	01	Boy's Height and Weight Chart	男童身高別體重圖表	2011	DOH(HK)	2	
040	02	When your Child is Sick	家長資料傳單 -- 當孩子有病時	~	Action for Sick Children	2	
040	03	Assessment for Children Care (Age under 8)	關於對西敏市八歲以下兒童的服務, 進行第一次審查	~	City of Westminster	F	
040	04	Child Care Handbook#	育嬰手冊	~	Nestle		
040	05	Girl's Height and Weight Chart	女童身高別體重圖表	2011	DOH(HK)	2	
041	02	Beast Feeding – Your Choice	母乳餵養, 你的選擇	1997	HA (East London &The City)	F	
041	03	Technique in Breast Feeding	餵哺母乳的技巧	~	HKCHEU	1	
041	05	Breast Feeding (0- 6 months)	嬰幼兒的飲食 (初生至六個月) 母乳餵哺	[2002]	HKCHEU	1	
041	06	Working Mothers and Breastfeeding	在職母親與母乳餵哺	[2003]	Family Health Service DOH	2	

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042	01	Milk Feeding (0- 6 months)	嬰幼兒的飲食（初生至六個月） 奶瓶餵養	[2002]	HKCHEU	2	
042	04	Reducing the risk of Cot Death	減少兒童猝死症的危險	1997	DOH	F	
042	05	Prevention of Suffocation	慎防嬰孩窒息	~	HKUHS	1	
042	06	Congenital Thyroid Malfunction	先天性甲狀腺功能不足	~	HKUHS	1	
042	07	Feeding Babies and Young Children (6 months- 2 yrs) Weaning	嬰幼兒的飲食（六個月至兩歲） 引進固體食物過渡期	[2003]	DOH(HK)	2	
042	08	Protect a Baby from Sudden Infant Death Syndrome	預防嬰兒猝死症	[2003]	DOH(HK)	2	
043	01	Childhood Immunisation Programme	香港兒童免疫接種計劃（2007年）	2007	DOH(HK)	2	
043	06	Diphtheria	及早預防白喉，請快接受注射	~	HKCHEU	1	
043	07	Polio Vaccination	小兒麻痺預防劑，嬰兒學童要服齊	~	HKCHEU	1	
043	08	Immunisation – the Safest Way to protect your Child #	童年疾病沒有消失，卻有兒童死亡	1991	HA (Tower Hamlets)		
043	09	MMR #	麻疹，腮腺炎和風疹	1989	HA (Tower Hamlets)		
043	10	MMR#	麻疹、腮腺炎和德國麻疹防疫注射	1990	HEA		
043	11	MMR The Facts*		2001	NHS		
043	12	BCG Immunisation against Tuberculosis for your Baby#	給你的孩子打卡介苗預防針以預防結核	~	HA (East London &The City)		
043	13	Immunisation	童年免疫注射指導 -- 包括對腦膜炎認識的輔導	1996	HEA	F	
043	14	Protect your Children against Measles, Mumps and Rubella *		~	HKCHEU	1	
043	15	BCG and Tuberculosis(for 10-14 years old)*		1997	HEA		
043	16	A New Guide to Childhood Immunisations for Babies up to 15 months*#		2002	NHS	F	
044	06	Diet for Children (2 years to 5 years old) The Food Pyramid	幼兒的飲食（2-5歲） 健康飲食金字塔	2004	DOH(HK)	1	
044	07	Control Body Weight of Children	兒童體重控制知多少	2012	DOH(HK)	2	
045	01	Special Educational Needs#	特殊教育需要	1994	DFE		
045	02	Westminster Children's Information Service	幼兒教育補助金（3-4 歲）	~	City of Westminster		
049	01	Down's Syndrome#	唐氏綜合症	~	HK Down Syndrome Association Ltd		
049	02	Down's Syndrome	你的嬰兒與登氏呆鈍症	~	HA (Tower Hamlets)		
049	03	Children's Continence Products - A Guide for Parents and Children*		2001	Ricability		
050	00	ADOLESCENT HEALTH	青少年健康				
050	01	A Complete Guide to Adolescence and Health	健康青少年寶貴的資源	~	HKCHEU	8	
050	02	Student Health Service	學生健康服務	2012	DOH(HK)	2	
050	10	Adolescence: a time of Doubts and Worries	青少年的心理困擾	~	DOH(HK)	1	
060	00	ELDERLY HEALTH	長者健康				
060	01	Elderly Health	長者健康	[2003]	HKCHEU	7	
060	03	Exercise for Elderly	長者健體手冊	[2003]	HKCHEU	2	
061	01	Avoiding Slips, Trips & Broken Hips	避免滑倒，絆倒和髖骨脫落	~	NHS	F	
061	02	Information about Elderly Safety	認識長者安全	~	HKCHEU	2	
062	03	Food Guide for Elderly#	耆年飲食	1995	MeadJohnson		
063	01	Elderly Emotional Health	高齡心理健康	~	HKCHEU	2	
063	02	Elderly Emotional Health	長者心理健康	~	HKUHS	2	
064	02	Are you looking after Someone who is Confused & Forgetful?#	你正在照料頭腦不清而且健忘的人仕嗎	~	The Alzheimer's Society		
065	01	Parkinson's Disease Information Pack#*		2004	Parkinson's Disease Society		
069	02	Education and Skills for Elderly	活到老，學到老	~	Learn Direct		

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Item	No	Title	題目	Year Published	Published by	Double Sided	Single Sided
070	00	MENTAL HEALTH	精神健康				
070	01	Mental Health Your Concern	精神健康齊關注	~	HKCHEU	2	
071	01	Self-Relaxation	自我鬆弛法	~	HKCHEU	1	
071	04	Stress and You	你和你的精神壓力	~	HKCHEU	1	
071	05	Understanding Anxiety #	了解焦慮	2003	Chinese Mental Health Association		
071	06	The Mind Guide to Managing Stress #	應付心理壓力指南	2003	Chinese Mental Health Association		
072	01	Insomnia	你有失眠嗎?	~	HKCHEU	1	
072	02	Insomnia	失眠	~	CHIC	1	
072	03	How to Cope with Sleep Problemss #	如何克服睡眠問題	2003	Chinese Mental Health Association		
072	04	Making Sense of Sleeping Pills #	了解安眠藥	2003	Chinese Mental Health Association		
073	01	Depression	抑鬱症	~	DOH(HK)	2	
073	02	Depression #	抑鬱	~	Wai Yin Chinese Women Society	1	
073	03	Defeat Depression #	抑鬱症	~	Royal College of Psychiatrists		
073	04	Understanding Depression*#		2000	MIND		
073	05	Understanding Drepression #	了解抑鬱症	2003	Chinese Mental Health Association		
073	07	Understanding Manic Depression #	了解躁狂症	2003	Chinese Mental Health Association		
074	01	Treatment of Mental Illness	你可知道精神病有何治療方法?	~	CHIC	1	
074	02	Know more about Mental Illness#	對精神病的了解	1987	MIND		
074	03	Mental Health - A Guide for Chinese People #	華人精神病簡介		E. London Chinese Community Centre		
074	04	Understanding Mental Health #	了解精神病	2003	Chinese Mental Health Association		
074	05	Understanding Schizophrenia #	了解精神分裂症	2003	Chinese Mental Health Association		
074	06	Undersatnding Paranoia #	了解偏執狂	2003	Chinese Mental Health Association		
074	07	Understanding Dementia #	了解痴呆症	2003	Chinese Mental Health Association		
074	08	Understanding Obsessive-Compulsive Disorder #	了解強迫性神經官能症	2003	Chinese Mental Health Association		
074	09	Understanding Phobias #	了解恐懼症	2003	Chinese Mental Health Association		
074	10	Understanding Personality Disorder #	了解人格障礙	2003	Chinese Mental Health Association		
074	11	Understanding Post-traumatic Stress Disorder #	了解創傷後精神壓力失常	2003	Chinese Mental Health Association		
074	12	Understanding Self-Harm #	了解自我傷害	2003	Chinese Mental Health Association		
074	13	Understanding Eating Distress #	了解飲食失常	2003	Chinese Mental Health Association		
074	14	Understanding Dual Diagnosis #	了解雙重診斷	2003	Chinese Mental Health Association		
074	15	Understanding Talking Treatment #	了解談話治療	2003	Chinese Mental Health Association		
074	16	How to Recognise the Early Signs of Mental Distress #	如何識別心理困擾的早期徵兆	2003	Chinese Mental Health Association		
074	17	How to Cope with Panic Attacks #	如何克服恐懼突襲	2003	Chinese Mental Health Association		
074	18	How to Cope with Anger #	如何處理憤怒	2003	Chinese Mental Health Association		
074	19	How to Cope with Loneliness #	如何應付孤獨感	2003	Chinese Mental Health Association		
074	20	How to Cope with Memory Loss #	如何應付失憶	2003	Chinese Mental Health Association		
074	21	How to Help Someone Who is Suicidal #	如何幫助有自殺傾向的人	2003	Chinese Mental Health Association		
074	22	How to Deal with Bullying at Work #	如何處理工作場合中的欺侮現象	2003	Chinese Mental Health Association		

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074	23	How to Survive Family Life #	如何維持家庭生活	2003	Chinese Mental Health Association		
074	24	Making Sense of Treatments and Drugs - Lithium #	理解藥物與治療 - 碳酸鋰	2003	Chinese Mental Health Association		
074	25	A-Z of C357 Employment and Mental Health #	就業與心理健康	2003	Chinese Mental Health Association		
074	26	The Mind Guide to Advocacy #	心會代言指南	2003	Chinese Mental Health Association		
074	27	Getting the Best from Your Approved Social Worker #	社工與你	2003	Chinese Mental Health Association		
074	28	Mind Rights Guide No.1 to 7 #	權益指南一至七	2003	Chinese Mental Health Association		
079	01	Understanding the Psychological Effects of Street Drugs #	了解街頭藥物造成的心理影響	2003	Chinese Mental Health Association		
080	00	CARDIOVASCULAR PROBLEMS	心臟與血管疾病				
081	01	Diet and Heart Diseases#	飲食與心臟病	~	CHIC		
081	02	Take Care of Your Heart#	照顧你的心臟	~	Central Manchester Health Promotion Unit		
081	03	Angina Medication	心絞痛藥	~	DOH(HK)	1	
081	04	Coronary Heart Disease	冠心病	~	HKCHEU	1	
081	05	Coronary Heart Disease Statistics*#		2003	British heart Foundation		
081	06	It'll Never Happen to Me*#		2002	British heart Foundation		
081	07	Put Your Heart into Walking*#		2001	British heart Foundation		
081	08	It Happened to Me!*#		2002	British heart Foundation		
081	09	Women and Heart Disease*#		2002	British heart Foundation		
081	10	Eating for Your Heart*#		2001	British heart Foundation		
082	01	Hypertension	高血壓	[1997+]	HKCHEU	1	
083	01	Stroke – Questions and Answers#	中風	1996	The Stroke Association		
083	02	What is Stroke?	甚麼是‘中風’?	[1997+]	HKCHEU	1	
083	03	Stroke	中風	~	HKCHEU	1	
089	01	Thalassaemia Major and Me#	重型地中海貧血症	~	UK Thalassaemia Society		
090	00	GASTRO-INTESTINAL PROBLEMS	腸胃健康				
090	02	Peptic Ulcer	消化性潰瘍	~	HKCHEU	1	
090	03	Intestinal Parasites	腸道寄生蟲	~	HKCHEU	1	
090	05	Vomiting and Diarrhoea	嘔吐與腹瀉	~	HKCHEU	1	
090	06	Constipation	便秘	~	HKCHEU	1	
090	07	Prevention of Infection in the Gastro-Intestinal Tract	腸道傳染病之預防主要步驟	~	HKCHEU	1	
090	08	Stomach	胃痛怎麼辦?	~	CHIC	1	
090	09	Infection in the Gastro-Intestinal Tract	腸熱病 -- 傷寒和副傷寒	[1997+]	HKCHEU	1	
090	10	Medication - Diarrhoea and Constipation	瀉藥與止瀉藥	~	DOH(HK)	2	
091	01	Reducing Your Risk of Stomach Cancer	預防胃癌	2003	HKCHEU	1	
091	02	Stomach Cancer	胃癌	~	HK Anti-Cancer Society		
091	03	Stomach Cancer	胃癌	~	CancerFund		
092	01	Reducing Your Risk of Colorectal Cancer	預防大腸癌	2003	HKCHEU	1	
092	02	Colorectal Cancer	大腸癌	2003	HK Anti-Cancer Society	1	
092	03	HCRC Sufferers Wanted	你是遺傳性大腸癌的高危人士嗎?	~	Hereditary Gastrointestinal Cancer Registry	2	
092	04	Have you had your plumbing checked?	你有否檢查體內喉管?	~	CancerFund		

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092	05	Hereditary colorectal cancer	遺傳性結直腸癌	2006	Hereditary Gastrointestinal Cancer Registry		
092	06	Bowel Cancer	大腸癌	1997	CancerFund		
093	01	Oesophagus Cancer	食道癌	2002	HK Anti-Cancer Society		
093	02	Cancer of the Oesophagus	食道癌	1997	CancerFund		
100	00	RESPIRATORY PROBLEMS	呼吸系統疾病				
100	01	Chronic Respiratory Diseases	慢性阻塞性氣管病	~	HKCHEU	1	
100	02	Upper Respiratory Tract Infection	上呼吸道感染	~	HKCHEU	1	
100	03	SARS Vigilant and Prepared	嚴重急性呼吸系統綜合症（沙士）預防須知	2003	DOH(HK)	7	
100	04	Chronic Obstructive Pulmonary Disease	慢性阻塞性肺病	2003	DOH(HK)	2	
102	01	Asthma	哮喘病	2003	HKCHEU	2	
102	02	Asthma Medicine	哮喘藥	~	DOH(HK)	2	
103	01	Lung Care	胸肺服務	~	HKCHEU	2	
103	02	Prevention of Tuberculosis	預防結核病	~	HKUHS	1	
103	03	Anti-Tuberculosis Medicine	服用抗結核藥物須知	~	HKCHEU	2	
104	01	Reducing Your Risk of Lung Cancer	預防肺癌	2003	HKCHEU	1	
104	02	Lung Cancer	肺癌	2003	HK Anti-Cancer Society	1	
104	03	Lung Cancer - Personal Experiences of Health and Illness *#		2004	DIPEX		
104	04	Explanation of Lung Cancer	肺癌淺釋	2008	HK Anti-Cancer Society		
104	05	Lung Cancer	肺癌	~	CancerFund		
105	01	Nasopharyngeal Cancer	鼻咽癌	2002	HK Anti-Cancer Society		5
105	02	The nasopharyngeal rehabilitation manual	有鼻無患鼻咽癌復康手冊	2005	CancerFund		
105	03	Nasopharyngeal Cancer	鼻咽癌	~	CancerFund		
105	04	Reducing your risk of Nasopharyngeal Cancer	預防鼻咽癌	2004	DOH(HK)	2	
110	00	MUSCULO-SKELETAL PROBLEMS	關節與筋肌疾病				
110	01	Osteoporosis	骨質疏鬆，無聲的惡疾	~	JCC	1	
110	02	Prevention of Osteoporosis	齊來預防骨質疏鬆症	~	JCC	2	
110	03	Know More about Osteoporosis	從今天起認識及預防骨質疏鬆症	2001	JCC	6	
110	05	Osteoporosis	骨質疏鬆症	[2003]	HKCHEU	6	
111	02	Health through Chiropractic#	健康之門	~	Chiropractic Doctors' Association of HK		
111	03	Chiropractic - Children#	脊骨護理從小起	~	Chiropractic Doctors' Association of HK		
111	04	Health without Prescription- Ask Chiropractic Doctors#	讓孩子免受藥物束縛	~	Chiropractic Doctors' Association of HK		
114	01	Rheumatism	類風濕性關節炎	2001	HKCHEU	5	
114	03	Medication - Gout	痛風症藥	1997	DOH(HK)	1	
115	01	Custom Made Orthotic Insole#	矯形訂製鞋墊	~	Uni-Mind Laboratory		
120	00	EYES	眼睛保健與疾病				
121	02	Contact lens	甚麼是隱形眼鏡？	[2003]	HKCHEU	2	
121	03	Microbial Keratitis	傳染性急性結膜炎	2008	DOH(HK)	2	
122	05	Acute Infectious Conjunctivitis (Red Eye Syndrome)	傳染性急性結膜炎（紅眼症）	2004	HKCHEU	1	
122	06	Retinitis Pigmentosa	視網膜色素變性	2002	DOH(HK)	1	
123	01	Laser Treatment	眼睛與光凝治療（激光治療）	[1997+]	HKCHEU	1	
123	03	A Guide to Patients undergoing Local Anaesthesia for Eye Surgery	接受局部麻醉眼科手術病人須知	~	HKCHEU	1	

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123	04	A Guide to Patients undergoing General Anaesthesia for Eye Surgery	接受全部麻醉眼科手術病人須知	~	HKCHEU	1	
129	01	Using Eye Drops	滴眼藥水使用方法	1997	DOH(HK)	1	
130	00	DERMATOLOGY	皮膚科				
131	01	Be Safe in the Sun- Beware of UV Radiation	紫外線不可不防	2011	DOH(HK)	2	
132	02	A Practical Guide to the Management of Eczema#	濕疹護理實踐指導	1995	National Eczema Society		
132	03	Skin Infection	濕疹	[1997+]	HKCHEU	1	
132	04	Foot Care	雞眼, 疣及足部護理	[1997+]	HKCHEU	1	
132	05	Sky Allergy (Hands)	接觸性刺激性皮膚炎 -- 主婦手	~	HKCHEU	1	
132	06	Fungal Infection of Skin	真菌感染	~	HKCHEU	1	
132	07	Athletes' Foot	腳癬及甲癬	~	HKCHEU	1	
132	08	Psoriasis	牛皮癬	[1997+]	HKUHS	1	
133	01	Skin Cancer	皮膚癌	2005	HKCHEU	1	
139	01	Hair Loss & Male-pattern Baldness	脫髮與雄性禿頭	2002	HKCHEU	1	
140	00	COMMUNICABLE DISEASES	各種傳染病				
141	01	STD - General Information	性病常識不可不知	~	HKCHEU	1	
141	02	STD – Syphilis	梅毒	~	HKCHEU	1	
141	03	STD – Warts, Thrush and Lice	性病 -- 疣, 滴蟲與陰蝨	~	HKCHEU	1	
141	04	STD – Herpes	陰部疹包 -- 包疹二型	~	HKCHEU	1	
141	05	Sexually Transmitted Diseases can be Serious - Early Treatment Guarantees Cure	性病可以嚴重損害康, 應當及早徹底治療	[1997+]	HKCHEU	1	
141	06	Sexual Health - What is your choice?	性健康 -- 你的抉擇是否明智?	~	HKUHS	1	
141	07	Sexual Health for Men*		2000	HEA		
141	08	STD – Gonorrhoea	淋病	[1997+]	HKCHEU	1	
141	09	The Mortimer Market Centre - A guide to help you through your first visit to the clinic*		~	NHS (Camden and Islington)	F	
142	06	Facts about AIDS	愛滋病事實	1988	DOH	F	
142	08	AIDS, HIV and the Facts	愛滋病, 愛滋病毒的真相	~	LEAN	1	
142	09	HIV + AIDS	愛滋病毒, 愛滋病 -- 你需要知道的事實	1992	HEA	F	
142	10	AIDS, HIV and Women	愛滋病 HIV 菌與婦女	~	LEAN	1	
142	11	Women and AIDS*		1990	HEA		
142	13	AIDS	愛滋病	~	Bloomsbury HED	F	
142	15	HIV – what do I need to know about HIV?	愛滋病毒 -- 我應該知道些甚麼?	1993	HEA	F	
142	16	AIDS#	一個極重要的信息內容 -- 有關愛滋病	1988	Tower Hamlets Health Promotion Service		
142	19	AIDS Booklet#	挑戰愛滋病	~	BBC World Service		
142	20	Love#	紅緞帶時間-- 關於愛滋病	2000	Red Ribbon Centre		
142	21	Universal Antnatal HIV Testing- the Concern of an Expectant Mother	準媽媽的關注-- 產前愛滋病病毒抗體普及測試	~	UNAIDS	1	
142	22	Love Yourself, Protect Your Baby	愛護自己, 保護嬰兒	~	UNAIDS		1
142	23	AIDS and Men	愛滋病與男性	1990	LEAN	1	
142	24	AIDS#	換藥手冊	2002	天主教露德之家	F	
142	25	AIDS#	合併療法手冊	2002	天主教露德之家	F	
142	26	AIDS#	一本教你如何避免與減輕副作用的手冊	2002	天主教露德之家	F	
143	01	The Common Cold	認識流行性感冒	2003	HKCHEU	3	
143	02	Flu Vaccination *		2001	DOH		
143	03	What You Should Know about Avian Flu	預防禽流感須知	2004	DOH(HK)	1	

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143	04	If You Knew about Flu You'd Get the Jab	您若瞭解流感就應注射疫苗	2004	NHS	F	
143	05	Guide to enterprises for influenza pandemic preparedness - Antiviral Stockpiling	流感大流行防備指引企業如何儲備抗病毒藥物	2006	DOH(HK)	1	
143	06	What employers and enterprises should know about influenza preparedness	防備須知	2005	DOH(HK)	2	
144	01	Prevention of Viral Hepatitis A Infection	預防甲型病毒性肝炎	~	HKCHEU	1	
144	02	Prevention of Viral Hepatitis B Infection	預防乙型病毒性肝炎	[1997+]	HKCHEU	1	
144	03	Prevention of Viral Hepatitis B Infection	預防乙型病毒性肝炎--醫護人員	~	HKCHEU	1	
144	04	Hepatitis B: Does it affect You? Some Advice for Women	乙型肝炎對你有甚麼影響?	~	LCHRC		4
144	05	Does Hepatitis B affect your Family?#	乙型肝炎--它有否影響你的家庭?	~	King's College Hospital		
144	06	Hepatitis B Virus	乙型肝炎帶病毒者	2000	HKCHEU	1	
144	07	Viral Hepatitis	好好照顧你的肝臟, 免受肝炎病毒感染	1999	DOH(HK)		4
144	08	Hepatitis B,C,D,G	血源性肝炎	2002	DOH(HK)	1	
144	09	Hepatitis A and E	飲食衛生要精明慎防甲、戊肝炎	2002	DOH(HK)	1	
145	01	Hand, Foot and Mouth Diseases	手足口病	~	HKCHEU	1	
146	01	Knowing about Meningitis and Septicaemia	了解腦膜炎和血液感染病	1998	DOH		4
146	02	Meningitis C: Reduce the Risk	C型腦膜炎--減少其威脅	1999	NHS	F	
146	03	Meningococcal Infection	腦膜炎雙球菌感染	2006	DOH(HK)	2	
146	04	Japanese Encephalitis	日本腦炎	2007	DOH(HK)	3	
147	01	Health Advice on Plague Prevention	預防鼠疫	~	Port Health Office HK	1	
148	01	Chicken Pox	水痘	~	HKCHEU	1	
149	01	Health Advice on Rabies Prevention	預防瘋狗症	~	DOH(HK)	1	
149	02	Methicillin - resistant Staphylococcus Aureus (MRSA) Infection and Community - associated MRSA infection	耐藥性和社區型耐藥性金黃葡萄球菌感染	~	DOH(HK)	2	
149	03	Multi - Drug Resistant Organisms (MDROs)	認識多重抗藥性細菌	~	DOH(HK)	2	
149	04	Legionnaires' Disease	退伍軍人病症	2007	DOH(HK)	2	
149	05	Pneumococcal Infection	肺炎球菌感染	~	DOH(HK)	2	
149	06	Cholera	霍亂	2006	DOH(HK)	2	
149	07	Typhoid Fever and Paratyphoid Fever	傷寒與副傷寒	2007	DOH(HK)	2	
149	08	Malaria	瘧疾	2006	DOH(HK)	2	
149	09	Norovirus Infection	諾如病毒感染	~	DOH(HK)	2	
149	10	Prevention of Foodborne Illness in the High Risk Groups	高危人士如何預防經食傳播的疾病	2008	DOH(HK)	2	
149	11	Myiasis	蠅蛆病	2008	DOH(HK)	2	
149	12	Streptococcus suis Infection	豬鏈球菌感染	~	DOH(HK)	1	
149	13	Scarlet Fever	猩紅熱	~	DOH(HK)	2	
150	00	CANCER	癌症				
150	01	The Best Way to Protect Yourself against Cancer	最好的防癌方法	2003	HKCHEU	1	
150	02	Cancer	癌病知多少	~	HK Anti-Cancer Society		
150	03	Cancer and Treatments #	癌症及治療	~	Cancerlink		
150	04	Diet and Health Recommendations for the Prevention of Cancer	預防癌症：飲食及健康建議	2003	DOH(HK)	4	
150	05	Diet for Cancer Patients	癌症患者的飲食指引	2002	HK Anti-Cancer Society	4	
150	06	Diet and Cancer	癌症與飲食	~	CancerFund		

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Item	No	Title	題目	Year Published	Published by	Double Sided	Single Sided
150	07	Sexuality and Cancer	性與癌症	~	CancerFund		
150	08	Cancer pain and other symptoms	癌症病痛與症狀	~	CancerFund		
150	09	Coping with Cancer	應付癌症	~	CancerFund		
150	10	When Cancer Comes Back	癌症復發	~	CancerFund		
150	11	Hair Loss	毛髮脫落	~	CancerFund		
150	12	Cancer and Complementary Therapies	癌症與輔助療法	~	CancerFund		
150	13	The Truth about Weight and Cancer	體重與癌症	2010	DOH(HK)		
150	14	Reducing your risk of Liver Cancer	預防肝癌	2003	DOH(HK)	1	
151	01	Radiotherapy	放射治療	~	HKCHEU	1	
151	02	Chemotherapy	藥物治療	~	HKCHEU	1	
151	03	Radiotherapy#	放射治療 - 患者家屬指南	2004	Christie Hospital Information Service		
151	04	Chemotherapy#	藥物治療 - 患者家屬指南	2004	Christie Hospital Information Service		
151	05	Radiotherapy	放射治療	~	CancerFund		
151	06	Chemotherapy	化學治療	~	CancerFund		
152	01	Prostate Cancer- The Works#	前列腺癌工作日誌	2002	The Prostate Cancer Charity		
152	02	The Prostate Gland Owner's Manual#	前列腺患者手冊	2001	The Prostate Cancer Charity		
152	03	Prostate Cancer	前列腺癌	2002	HK Anti-Cancer Society		
152	05	Prostate Cancer	前列腺癌	~	CancerFund		
153	01	Bladder Cancer	膀胱癌	2002	HK Anti-Cancer Society		
153	02	Cancer of the Bladder	膀胱癌	~	CancerFund		
154	01	Brain Cancer	腦癌淺釋	2007	CancerFund		
154	02	Brain Tumour	腦腫瘤	~	CancerFund		
155	01	Mouth and Throat Cancer	口腔及咽喉癌	~	CancerFund		
155	02	Larynx Cancer	喉癌	~	CancerFund		
156	01	Thyroid Cancer	甲狀腺癌	~	CancerFund		
157	01	Signs and symptoms of lung cancer	肺癌的徵兆及症狀	~	Macmillan Cancer Support		
157	02	Diagnosis and Treatments of Lung Cancer	肺癌的診斷與治療	~	Macmillan Cancer Support		
157	03	Living with Lung Cancer	與肺癌共存	~	Macmillan Cancer Support		
158	01	Liver Cancer	肝癌	2008	HK Anti-Cancer Society		
158	02	Liver Cancer	肝癌	~	CancerFund		
158	03	Leukaemia	白血病	~	CancerFund		
159	01	My cough lasted 3 weeks - I'm glad I got it checked	我咳嗽了3週多,我很高興我去檢查了	~	Macmillan Cancer Support	1	
159	02	Taking care of cancer sufferers at home	在家照顧癌症病人	~	HK Anti-Cancer Society		
159	03	Hodgkin's Disease	何傑金氏癌	~	CancerFund		
159	04	When someone in your family has cancer	當家人患上癌症	~	CancerFund		
159	05	What do I tell the children	我怎麼告訴孩子	~	CancerFund		
159	06	Talking to someone with cancer	與癌症病人交談	~	CancerFund		
159	07	Caring for someone with Advanced cancer at home	居家照顧晚期患者	~	CancerFund		
159	08	Non - Hodgkin's Lymphomas	非何傑金氏癌	~	CancerFund		
159	09	Lymphoema	淋巴瘤	~	CancerFund		
159	10	Lymphoedema	淋巴水腫	~	CancerFund		
159	11	Coping with eating difficulties when you have cancer	當患上癌症如何面對飲食方面出現的困擾與障礙	2008	Cancer Equality		
159	12	Understanding and living with Cancer	瞭解癌症與之鬥爭	~	NHS (The Royal Marsden)		
159	13	Diagnosing and treating breast cancer	乳癌的診斷與治療	~	Breast Cancer Care		
159	14	Cancer of the Nasopharynx	鼻咽癌	~	Macmillan/CNHLC		
159	15	Primary Liver Cancer	原發性肝癌	~	Macmillan/CNHLC		

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159	16	Stomach Cancer	胃癌	~	Macmillan/CNHLC		
159	17	Are you worried about bowel cancer?	你是否憂慮腸癌?	~	Macmillan/CNHLC		
159	18	Are you worried about prostate cancer?	你是否憂慮前列腺癌?	~	Macmillan/CNHLC		
159	19	Are you worried about cancer?	你是否憂慮癌症?	~	Macmillan/CNHLC		
160	00	OTHER DISEASES	其他疾病				
161	01	Oral Antidiabetic Drugs*		~	DOH(HK)	1	
161	02	Diabetics	糖尿病	~	HA (Camden & Islington)	F	
161	03	Be Alert for Diabetics	提高警覺 -- 預防糖尿病	[1997+]	HKCHEU	1	
161	04	Healthy Eating for Diabetes #	糖尿病之飲食健康	1999	British Diabetes Association		
161	05	Exercise for chronic illness sufferers	運動有法慢性病患者運動須知	2012	DOH(HK)		
161	06	Healthy Feet for Diabetics	糖尿病與足部護理	2000	HKCHEU	8	
161	07	Diabetes - A Guide for Chinese People#	糖尿病人健康指南	2000	Diabetes UK		
161	08	Diabetes #	你是否有危機?	~	Diabetes UK		
161	09	Diabetics and Your Heart*#		2001	British heart Foundation		
161	10	Diabetes	認識糖尿病	2003	HKCHEU	7	
162	01	Kidney Failure	腎衰竭	~	HKCHEU	2	
163	02	Liver Biopsy#	肝臟切片檢查指南	[2003]	British Liver Trust		
170	00	DENTAL CARE	牙齒護理				
170	01	Healthy Tooth - Adult	健康的牙根 (成人)	1997	HEA	F	
170	02	About Losing Teeth	牙齒為何會脫落	~	Oral Health & Ethnicity Unit, University of Leeds	1	
170	03	Visiting the Dentist	定期檢查牙齒	~	Oral Health & Ethnicity Unit, University of Leeds	1	
170	04	Healthy Teeth#	保持健康的牙齒	2001	FAIR Multimedia		
170	05	Ensure of Healthy Children Tooth (0-2 yrs)	確保嬰兒牙齒健康 (0-2歲)	1997	HEA	F	
170	06	Take Care of Healthy Children Tooth	照顧兒童的牙齒 (3-11歲)	1997	HEA	F	
180	00	PEOPLE WITH SPECIAL NEEDS	有特殊需要人士				
180	01	Disability Support Scheme	殘障人士支援計劃	2002	CNHLC	F	
180	02	Easier Living - A Guide for Older and Disabled People Living in London*#		2001	Ricability		
180	03	Keep Warm, Keep Well (Winter 2003/2004)	保持溫暖, 保持健康-冬天指引	2003	DOH	F	
180	04	Reassurance at the Touch of a Button*		2000	National Carers Ass.		
180	05	How to Contact Social and Community Services*		2001	City of Westminster		
180	06	Interpreting Service*		~	NHS(Westminster Primary Care Group)		
180	07	Helping You to Help Yourself - Bladder and Bowel Leakage*#		2001	Continece Foundation		
190	00	CHINESE MEDICINE	中藥				
190	01	Adverse Effects of Misusing Herbal Tonics	濫用補藥的弊端	[2002]	DOH(HK)	1	
190	02	How to Choose between Herbal and Food Tonics	如何選擇藥補或食補?	[2002]	DOH(HK)	1	
190	03	Points to Note When Purchasing Chinese Medicines	購買中藥須知	2003	DOH(HK)	1	
190	04	Health Preservation in Chinese Medicine	養生之道	2003	DOH(HK)	1	
190	05	General Knowledge of Toxic/Potent Chinese Herbal Medicines	毒性中藥常識	2003	DOH(HK)	1	

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190	06	Preparing Herbal Decoctions	煎藥常識	2007	DOH(HK)	1	
190	07	Diagnostic Methods and Features of Chinese Medicine Practitioners	中醫診病方法和特點	2003	DOH(HK)	1	
190	08	General Knowledge of Taking Chinese Medicines	服用中藥常識	2003	DOH(HK)	1	
190	09	What You Should Know When Purchasing Proprietary Chinese Medicines	購買中成藥, 你應該知道	2004	DOH(HK)	1	
190	10	What You Should Know When Purchasing Chinese Herbal Medicines	購買中藥材, 你應該知道	2004	DOH(HK)	1	
190	11	Registered Chinese medicine practitioners and listed Chinese medicine	註冊中醫與表列中醫	2005	DOH(HK)	1	
190	12	Rights and responsibilities of traditional Chinese medicine practitioners to patients	向中醫求診病人的權益與責任	2005	DOH(HK)	1	
190	13	Chinese Medicine	中藥趣談	2011	DOH(HK)		
190	14	Diet to cure a cold	飲食調養防感冒	2005	DOH(HK)	2	
200	00	MISCELLANEOUS	其他				
201	02	A Food Guide for Tourist	旅遊人仕飲食須知	[1997+]	HKCHEU	1	
201	03	Beware of Heat Stroke	夏日炎炎慎防中暑	2008	DOH(HK)	1	
201	04	Patients' Rights and Responsibility	病人權益與責任	2011	DOH(HK)		
201	05	Working with Non - Governmental Organisations	與非政府組織攜手合作	~	DOH(HK)	1	
201	06	We promote health to our community professionally	專業服務為市民, 促進健康齊關心	2004	HKCHEU		
201	07	Prevention of Mosquito-Borne Diseases	預防蚊蟲傳播的疾病	~	HKCHEU	1	
201	08	Dengue Fever	登革熱	1999	DOH(HK)	1	
201	09	Prevent Dengue Fever	預防登革熱	2003	DOH(HK)	1	
201	10	Health - related Statutory Boards and Councils in Hong Kong*		2007	DOH(HK)		
201	11	Light up Lives, Support Organ Donations	生命因你再現姿彩, 請支持器官捐贈	2007	DOH(HK)	2	
202	01	Gambling could be fun but BEWARE!	戒賭	~	CNHLC	F	
202	02	Pathological Gambling	病態賭博	2002	DOH(HK)	1	
205	01	Carers' Rights Pack#	照料者權益封套	~	Carers UK		
205	02	State Pensions for Carers and Parents*		2002	The Pension Service		

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